

To Whom It May Concern:

I have personally worked with Zena McCartney for the last 5 years at the CLEAR Center of Health in Mill Valley, CA. We are an Integrative Medicine Clinic that strives to help complex chronically ill patients get their health back, and we use a blend of conventional and natural medicines to assist in this process.

Zena initially began working at CLEAR as a front desk receptionist and really acted as the "face" of CLEAR. She had the ability to listen attentively to all the needs of our patients, and compassionately guide them on their healing journey. Over the years she worked incredibly hard taking on more administrative duties and responsibilities, and eventually became my personal medical assistant. For the past 2+ years as a medical assistant, she has helped me see upwards of 12 patients a day by handling the majority of the administrative work that is required in a busy medical practice.

What I love about Zena is knowing that I can depend on her for any request without delay. She has proved again and again that she can take on any task or request without hesitation, and is able to multitask without getting lost or distracted as is common in a busy practice. As doctors, we need to play the role as health practitioner and not administrator, and Zena has allowed me to focus 100% of my attention on my patients which I am incredibly grateful for.

Please feel free to reach out to me for any questions about Zena. Her work ethic will only complement her line of work or study.

Sincerely,

Dr. Drew Sinatra

A handwritten signature in cursive script that reads "Drew Sinatra".

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